

Parks and Recreation Department Aquatic Section P.O. Box 1990 Santa Barbara, CA 93102 (805) 897-2680

Summer 2011

#### Dear Parents:

We look forward to your child's participation in the Ka Nai'a Outrigger, Kayak and Stand-Up Paddling Clinic.

All activities will take place within the Santa Barbara Harbor. All participants will wear life vests while kayaking, outrigger canoeing and stand-up paddling.

On the first day of the clinic all participants will have to demonstrate that they can tread water and pass a non-competitive 25 yard swim-test.

Your child should arrive promptly each day wearing a swim suit and have sun block applied before arriving.

We will have a 15 minute morning nutrition break each day. Please make this a light refueling snack such as fruit or a power bar.

### Things to bring each day:

Sweatshirt & pants Towel Sunscreen Drinking Water

(Please clearly mark each item with your child's name or initials for easy identification.)

#### Clinic location:

We are located on the harbor side of Stearns Wharf. You will see the green and white oturigger canoes on the beach.

## **Drop-off and Pick-up**:

Morning drop-off and noon pick-up will be at West Beach near the Volleyball courts unless you have made other arrangements with your child. Your children

will be assembled at the green and white outrigger canoes area with a staff member to assist as needed.

# Parents, please remember to be prompt there is **NO EXTENDED DAY CARE** available. **Please be prompt.**

For your information we have enclosed the planned Canoe Clinic Daily Schedule with events as listed.

We look forward to a fun activity filled week. If you have any questions please call 969-5595.

Mahalo,

Linda Ofner

A completed liability waiver (enclosed) must be returned on the first day of this clinic – July 11, 2011.